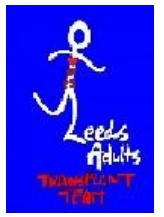




Leeds Adult Team at the Transplant Games 2015



- The Leeds Adult team have had somewhat of a reformation this year at Transplant Games
- This year we had one of the biggest adult teams consisting of 40 competitors and spectators (around 4 x more than last year)
- I became the team manager for the Leeds Adult Team around 9 months ago; I work as a young person key worker for Liver (across LGI and St James's). Developing the service for young people moving from children's services to adult (Transition)
- The age range of our team was 18-79!!
- We were donning a new team kit and renewed energy
- Team funded from BKPA & Leeds Teaching Hospital
- Working together with the Leeds children's team to support young people to transition smoothly from children's > adults team
- Anyone can support/join the team. Only transplant recipients may compete (any transplant, i.e. liver, kidney, heart, lung, bone -marrow etc.)
- Leeds Adult Team medal count at British Transplant Games 2015: TBC
- Jeremy Kyle attended the Games this year
- Held in Newcastle/Gateshead in 2015, Liverpool 2016
- Leeds team consists of people from all over the UK as many have come to Leeds specialist centre to have transplant.

- Claire's story

"I had a kidney transplant as a child in 1980 and a after the same disease went on to destroy my liver I had a liver transplant in 1997, both of which have thankfully been very successful. I have been attending the British Transplant Games since 1981 and although not a great athlete go to meet my friends and many very inspiring people.



Leeds Adult Team at the Transplant Games 2015



One year I met a donor dad who was telling me his son had died after being knocked down and they donated his organs as he had watched Blue Peter as a child, seen children with transplants saying how good they were and told them he wanted to be a donor if anything happened to him. When I told him I was one of those children he hugged me and said "Thank you"! When I asked why he was thanking me he said "My son's life was over, but because of what you did I can see his heart propelling someone down that pool!"

I don't know who my donor families are, but this donor dad and his wife and now good friends of mine and a surrogate donor family for me."

- Iain's story (never met a transplant recipient before games)

"We hadn't met any transplant recipients before the games (except on the ward or at outpatients appointments) and it was fantastic to speak to people at the games who were very positive about their experiences and to discover how long many of them had had their transplants. The team were very supportive and welcoming and this has given us a renewed confidence in the future. The games were a celebration and very friendly.

Iain was inspired to take part in the British Transplant Games after reading about a lady who had competed and seeing her medals on the ward while recovering from his transplant. He was determined to take part and it gave him the motivation and drive to get fit again.

We are all looking forward to the games next year."

Donor Stats (provided by NHS Blood & Transplant)

- On average 3 people die a day in need of an organ
- 20 million people are already on the donor register
- One organ donor can help as many as 9 people
- Around 1,800,000 blood donations a year
- Each blood donation can help as many as 3 people
- Around 7000 people are currently waiting for a transplant
- Over 1100 people have received a transplant since April 2015

British Transplant Games Stats (provided by MLS, organisers of the British Transplant Games)



Leeds Adult Team at the Transplant Games 2015



- The British Transplant Games have been hosted annually since 1978, and have visited 17 host cities around the UK, including, Portsmouth, Newcastle, Edinburgh, Belfast, Sheffield and Medway.
- The Games aim to demonstrate the benefits of transplantation, encouraging transplant patients to regain fitness, whilst increasing public awareness of the need for more people to join the NHS Organ Donation Register and discuss their wishes with their families.
- This year celebrated the biggest British Transplant Games, with 805 competitors and 1323 Supporters attending the games.
- Next year the games will travel to Liverpool and it was officially announced at this year's games that a bid has been placed to bring the World Transplant Games to Newcastle Gateshead in 2019.
- Transplant Games increases profile of organ donation, brings hope to families and increases number of people signing up for organ donation

Useful websites:

<https://www.organdonation.nhs.uk/> - Signup to the organ donor register!

<http://www.nhsbt.nhs.uk/> - NHS Blood & Transplant

<https://www.facebook.com/leedsadulttransplantsport> - Leeds Adult Transplant Sport Team Page

<http://www.transplantsport.org.uk/> - Transplant Sport site

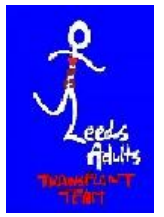


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